

Common internal assessment 2024 — Ancillary phase

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Stimulus book

# Essential English

## General instruction

- Work in this book will not be marked.



Queensland  
Government

**QCAA**

Queensland Curriculum  
& Assessment Authority

# Stimulus 1

## Context

This is a testimonial page on a community sport centre's website.

## About our sporting community...

Home

News

Schedule

Testimonials

Contact



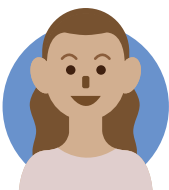
### Leslie, owner and manager

I started this centre when there were no sporting clubs around here. The community needed a place to be active together, a place where everyone could play sport, a place where local people could get to know each other and feel they belonged, no matter their background. It's essential that sport is all about fun and the joy of movement. Most importantly, it's about having a space where a diverse society's strengths, differences and similarities are celebrated.



### Mickey, table tennis and badminton player

I'd always been reluctant to play sport: way too self-conscious. I'd also felt uncoordinated and unfit, but ever since a chance encounter with Leslie at the supermarket, I've had a complete change of mindset. Sport has turned out to be a pleasant surprise, a transformation of my daily routine. I now play at the community centre three times a week with team members who have become close friends. I've even started bringing my grandchildren to get them off the couch! Sport has ended up being the best medicine for keeping hearts and bones young, proving that you're never too young or too old.



### Jessie, volleyball player

My sport journey is typical, I imagine. I played sport as a kid as my parents thought it was important to be active, and also part of a community. As a teenager, that became even more important, as my sports friends were my pizza buddies and movie companions. We understood each other — after all, we had read each other's moves on the sportsfield! I have never let that connection to sport go, and I think that is how I found my way to a community sports centre. I go to the centre a couple of times a week. I am always up for trying a new game — because sport has taught me that it is not about being a champion, it is about positivity and just putting yourself out there.

There are no other words to describe how I feel about sport except to say I absolutely value it. I know that it is not everyone's 'bat and ball', but involvement in sport is mine. I love being active, I love attempting a challenge, I love the endorphin rush. It is more than that though — when the game ends, I embrace the laughter with teammates when we celebrate our 'ace' moves, and explore the 'could have beens'. It's very simple: my team and I all want the same thing — for everyone to come back next week.



### **Nic, basketball player**

Having a sedentary job at a desk, playing sport has become very important to me. At the end of the day, after long hours of computer work, I've discovered that coming to the centre to play sport with others in the community frees the mind, loosens joints and clears away mental cobwebs. If I've had a difficult day at the office, problems that feel like the size of mountains are reduced to rubble by the end of the game.

I have to admit I've now also started craving the competition, the adrenaline, the rush! There's point scoring. Action. Dodging. Weaving. Some accuse us of being too intense and energetic. Well, guilty as charged. After all, what's life without a bit of healthy competition?



### **Pat, player of ALL sports**

As a coach, I've always been passionate about physical activity and its positive impact on people. Sport provides an educational playground for everyone, using the same game rules and codes of conduct for playing sport ethically ... and for behaving morally in the wider community. Winning and losing requires humility and pride in different doses, so playing sport becomes a valuable script for learning empathy, such as helping someone in the other team if they fall. Overall, sport teaches us how to be a good sport on the field and in life.

[Options for individual activities](#) | [Options for team activities](#) | [Events](#) | [FAQs](#)

## Stimulus 2

### Context

This is a magazine cover for *The Sporting Mind*.



# The Sporting Mind

Spring | Issue 265

## Beat the mind games!

Have I got what it takes?  
Am I fast enough?  
What are my strengths?  
Can I finish what I start?

**+** How sport can help with a positive attitude

Sport — Capacity, Courage, Contribution

Sport's starring role in building confidence



**More than just trophies**

**Finding yourself**

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## References

Stimulus 2

Full shot people playing paddle tennis, Freepik, [https://www.freepik.com/free-photo/full-shot-people-playing-paddle-tennis\\_27314390.htm](https://www.freepik.com/free-photo/full-shot-people-playing-paddle-tennis_27314390.htm)

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